



**Q4 PROGRAM
(Public version)**

**October - November - December
2024**



Kangaroo Creek - Royal National Park - July 2024 (Photo: Shaune Walsh)

**PO BOX 250. SUTHERLAND NSW 1499
ABN 28 780 135 294**

<http://www.sutherlandbushwalkers.org.au>

INTRODUCTION

Sutherland Bushwalkers provides opportunities for safe bush sports activities. Membership is open to all 18 years of age and over and currently stands at approx. 370 members.

The club meets on the last Wednesday of each month (except Jan and Dec) at 7.00 pm at the Stapleton Avenue Community Centre: 3A Stapleton Ave, Sutherland (near corner of Stapleton Ave & Belmont St).

For program/membership enquiries or further information, see the club's website

www.sutherlandbushwalkers.org.au or email us at info@sutherlandbushwalkers.org.au

GRADES

Club activities are generally graded on a scale of 1 to 6. The descriptions below refer only to bushwalking trips. Where these grades are applied to other activities (eg kayaking & cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our website.

Grade 1 (Easy) An easy walk on well-marked and even tracks, providing an opportunity for larger groups of walkers and people with reduced walking ability. Tracks are manmade and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

Grade 2 (Easy/Medium) An easy to medium walk on well-marked tracks, mostly of low gradient. Suitable for beginners. Tracks should not be steep. Distance should not exceed 15 km.

Grade 3 (Medium) A moderate walk on defined and distinct tracks. Some hilly sections and/or rougher terrain may be encountered in places. A reasonable level of fitness is required. Distance should not exceed 20 km. May include short and easy off-track sections.

Grade 4 (Medium/Hard) A more challenging walk that is mostly along defined and distinct tracks that may contain steeper, rougher terrain. It provides an opportunity for surefooted, experienced walkers to explore and discover relatively undisturbed natural environments. Some walks have off-track sections (sometimes up to 50%) and/or rock scrambling. Activity organisers should have map reading abilities and the ability to use a compass. Distance depends on circumstances. Alternatively, it can be a walk of lesser difficulty that is more than 20 km. Unsuitable for beginners and most visitors.

Grade 5-6 (Hard) A long or strenuous walk over difficult terrain, much of which can be off-track and unfamiliar, even to the activity organiser. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

GUIDELINES FOR NEW MEMBERS & VISITORS

One day walks: Start with a Grade 1 or Grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 walk if you have some recent bushwalking experience.

Overnight walks: These require more experience and fitness than day walks of an equivalent grade, so try some day walks of a higher grade before attempting an overnight walk.

All activities: Grading is subjective and cannot take into account all possible factors. Ask for advice if you are uncertain about the grade & terrain or experience & fitness required. Some activities are more risky than others.

Please note: All Activity Organisers are volunteers. An Activity Organiser may exclude any participant who they consider may have difficulty completing the planned activity.

ACTIVITY PROGRAM – Member's & Public versions

The full quarterly Activity Program can be viewed in the member's area of the club website. Activity Organiser's names & contact details are not available on the public version for privacy reasons. Visitors should email info@sutherlandbushwalkers.org.au to express interest in activities and request Activity Organiser's details.

BOOKINGS It is imperative that bookings are made directly with the Activity Organiser.

You should email or phone the Activity Organiser in advance to ask whether there are vacancies and to obtain the activity details. At least 4 days' notice should be given for one-day activities and 10 days' notice for overnight activities. Frequently there is a limit on the number of people, so it is best to book early. A wait list may be created for popular walks. Visitors are welcome to participate if the Activity Organiser agrees.

MEETING AND DEPARTURE TIMES

The time and conditions for meeting & departing cannot be extended to wait for latecomers. If you are unable to attend, please advise the Activity Organiser **ASAP**. This may allow another person to attend if numbers are limited.

TRANSPORT

Car-pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested: Calculate the contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver. Additional costs should also be shared equally, e.g. park entry fees & tolls.

EQUIPMENT

Activity Organisers can provide advice about equipment required for specific activities. On camping activities, you need to provide your own camping gear or arrange to share. Beginners are advised not to buy expensive equipment without advice. Some club equipment is available for loan, including camping gear, backpacks and PLBs (personal locator beacons). PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices. Contact the Equipment Officer for more information.

SAFE BUSHWALKING, SEARCH AND RESCUE - Safety Before and After Your Activity

Participants: Leave a description of activity with a friend or authority and advise them when you are expected to return. Leave the name and a contact number of the Activity Organiser or a Club Committee Member in case they have any concerns. On your return let your contact know you are back. It is recommended to carry a Personal Emergency Information Sheet, available on the club website.

Activity Organisers and Participants: Consider carrying a PLB (personal locator beacon). PLBs are used for serious emergencies or life-threatening situations. In the event of being lost or a medical incident, first call is to **Emergency services on Triple Zero 000**. If required, the Emergency Services will initiate [NSW SES BSAR \(NSW SES Bush Search and Rescue\)](#), which is a specialist unit of the SES.

Handy App for All: The **Smartphone App *Emergency* +** uses GPS functionality built into smart phones to help a Triple Zero (000) caller provide location details required to mobilise emergency services. *Emergency* + also includes SES and Police Assistance Line numbers as options, so that non-emergency calls are made to the most appropriate number.

PERSONAL ACCIDENT INSURANCE

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The Personal Accident Insurance covers some out of pocket expenses. The policies cover activities undertaken in Australia and New Zealand if those activities are included in our activity program and there are 3 or more participants. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Incident Report section of the Trip Report. Lodging a claim: information and forms are available from <http://www.bushwalkingaustralia.org/insurance/accident-insurance>

GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES

1. Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip. Please do not participate in an activity if you are unwell.
2. Carry sufficient water for conditions of the trip – a minimum of 1 or 2 litres, or more in hotter conditions.
3. Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is unexpectedly delayed), rain gear, whistle, torch and appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities such as cycling require special equipment eg bright clothing, helmet, pump, spare tube & tools.
4. Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
5. You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
6. Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, inform the nominated “tail” person and leave your pack on the track to indicate your intentions. Also, make sure they know when you have returned.
7. Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
8. Do not proceed past track junctions - always wait until advised to do so.
9. Do not fall behind the person appointed “tail” for any reason without advising the “tail”.
10. Ensure the Activity Organiser is aware that you have made it to the end of the activity.
11. Ensure all vehicles start before leaving for home.
12. Thank the Activity Organiser and bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.
13. All participants share responsibility for the orderly conduct & safety of any club activity in which they participate. This extends to helping others in an emergency.
14. **Peer activities** are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All cycling, kayaking & canoeing activities are peer activities.

FOR INFORMATION ABOUT ACTIVITIES IN THIS PROGRAM

SEND AN EMAIL to: info@sutherlandbushwalkers.org.au

When booking an activity, please provide the Activity Organiser with your personal details including: name, mobile number, car registration, emergency contact person's name & their contact number. Visitors are welcome to participate if the Activity Organiser agrees.

OCTOBER 2024		
DATE	Grade	ACTIVITY DETAILS
Wed 2 Oct	3	BUSHWALK - GEORGES RIVER NP, MILL CREEK, Part 1 A look at a lovely local park. Start at Sandy Point, visit the site of Parkesvale, a 'Pleasure Ground' from 1900 & have a look at the west side of Mill Creek. 10 km.
Wed 2 Oct	4	BUSHWALK - BEROWRA REGIONAL PARK Cowan to Berowra via Berowra Waters - Part of the Great North Walk. Includes steep descent and ascent. Approx 13 km. Map 1:25 000 COWAN
Thurs 3 Oct	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 3 Oct	3	MORNING WALK - RNP KIRRAWEE/LOFTUS AREA This walk starts at the Kirrawee end of the RNP. We'll follow Savilles Creek and then follow a number of lesser known tracks around the top of the ridge east to Temptation Creek. NB: there are usual RNP steep sections, some sections of damaged track and a few rock scrambles. Approx. 9 km.
Sun 6 Oct	2	BUSH & URBAN WALK - BUNDEENA ART TRAIL (http://www.arttrail.com.au/ for details) Approx 3 km of bushwalking to Jibbon Aboriginal Rock Carvings and as much strolling from one artist to another as we like. This makes for an interesting and relaxing day, either drive or catch the ferry to Bundeena.
Tues 8 Oct	3	HARBOUR WALK - GREEN WAY - BARANGAROO HEADLAND Light Rail to Taverner's Hill then walk the Green Way to the Bay Walk, Jubilee Park, Pirrama Park and Barangaroo Headland on the harbourside. Picnic at Barangaroo Headland Reserve with optional swim at Marrinawi Cove. Catch Barangaroo Metro. Around 15 km.
Wed 9 Oct	4	BUSHWALK ROYAL NP - A to Z, TOONOUM FALLS Garawarra Farm, Bola Heights FT, follow Toonoum Brook off-track to Toonoum Falls and on to Bola Creek. Return via LCD and some steep off-track back to Bola Heights FT. 12 km.
Wed 9 Oct	3	BUSHWALK - BLUE MOUNTAINS Creeks & waterfalls - North Lawson - Empire Pass & Dantes Glen. Then Hazelbrook - Horseshoe Falls Reserve. Approx 10 km. Map: 1:25 000 KATOOMBA
Sat 12 Oct	3	BUSHWALK - HEATHCOTE NATIONAL PARK - Mooray and Bullawarring Track to Lake Eckersley. Starts and ends at Waterfall. The trail has a number of rough/rocky/damaged sections, creek crossings and some steep sections. This is a day walk (NOT a morning walk). Approx 15 km.
Wed 16 Oct	3/4	BUSHWALK - POOLS AROUND WATERFALL Starting and finishing at Waterfall, we will visit some lovely and often rarely visited pools on Heathcote Creek and cross over to Kingdom Come and Boobera Pool on the Woronora River. Approx 16 km.
Wed 16 Oct	4	BUSHWALK - BLUE MOUNTAINS Asgard Swamp Area – Ascend Asgard Head from Asgard Brook, then onto Thor Head, descending a cliff line break to then ascend to Valhalla Head. 70% off-track. Map: 1:25 000 MOUNT WILSON
Thurs 17 Oct	N/A	APIARY & BEE GARDEN VISIT – WARATAH PARK, SUTHERLAND Experienced beekeepers from Illawarra Beekeepers Association will demonstrate and educate visitors about various aspects of bees and beekeeping. Protective clothing will be provided. Places are limited.

Thurs 17 Oct	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Sun 20 Oct	3	BUSHWALK - BUNDEENA LOOP VIA MARLEY HEADLAND. Ferry or drive to Bundeeena. Walk to start of Coast walk. Head down to Marley Headland, then make our way back on Coastal Walk past Wedding Cake, Balconies, Cobblers Beach, Cormorant Rocks, Shelley Beach and Jibbon. Rock hopping along rock platforms, and hopefully a swim at Jibbon Beach, before we head home. Approx 14 km.
Tues 22 Oct	3	BUSHWALK - BLUE MOUNTAINS (Leura-Katoomba area) Starts at Solitary Restaurant then to Leura Cascades, Leura Forest via Bridal Veil Falls and the Amphitheatre Track. Then Federal Pass to the Furber Steps, ascend & return to the cars via the Prince Henry Cliff Top Track. This will be a slow to moderate paced walk, on-track with plenty of time to enjoy the lookouts and surrounds. Note - there are numerous steps along the way. Approx descent 500 m & distance 12 km.
Wed 23 Oct	3	BUSHWALK - ILLAWARRA - MT KEMBLA Mt Kembla offers us two back-to-back walks, the Ring Track with its mining history and the Summit Track with great views down to Wollongong. Approx 10 km in total. Top off day with coffee at a hundred-year-old pub.
Wed 23 Oct	4	BUSHWALK - BRISBANE WATERS NP Little Wobby to Wondabyne via Mt Wondabyne and some sections of the Great North Walk. Approx 20 km. Maps: 9130-1N BROKEN BAY & 9130-4N COWAN
Thurs 24 Oct	2	MORNING URBAN WALK - BOTANY BAY (Rescheduled) Starting at Depena Reserve, Dolls Point we walk along Botany Bay, over Captain Cook Bridge to the Shorebird Reserve in Taren Point. Return by the same route, finishing at a coffee shop (optional). Easy walk mostly on paths. Approx 8 km.
Sun 27 Oct to Tues 29 Oct	3/4	3 DAY BUSHWALK - MURRAMARANG SOUTH COAST Pretty Beach - Depot Beach - South Durras - Oaky Beach - Maloneys Beach. Overnight backpack - 3 days & 2 nights, 34 km total walking distance. Cost \$243.20 p.p. which includes 2 nights cabin accommodation, welcome tour and transfer at end of walk. Maximum 8 people in 2 cabins. TRIP FULL - WAIT LIST ONLY
Mon 28 Oct	3	TRACK WORK: ADOPT-A-TRACK ROYAL NAT. PARK We will be using secateurs and bush saws to clear walking tracks to make them more navigable & comfortable to walk on. There are always plenty of jobs to be done, large & small - something for everyone. Tools & gloves supplied. We will be re-visiting some of our previously cleared tracks to do some maintenance. The tracks are generally in good condition. Our aim will be to do a 'walk through' and clear any re-growth & obstructions and fix drainage problems. A combination of work & fun!
Tues 29 Oct to Thurs 7 Nov	4	BUSHWALKING TRIP - FLINDERS ISLAND, TASMANIA (Additional Trip) Stay in Launceston 29/10/24 to enable early flight to Flinders on the 30/10. Stay in Launceston 7/11/24 to enable an afternoon flight from Flinders. Cabin accommodation and hire cars. Walks as organized by group, weather dependent. Approx \$2500.
Wed 30 Oct	3/4	BUSHWALK - ROYAL NP - A TO Z, UPPER PEACH TREES Lady Carrington Drive to Peach Trees, cross Hacking River then a short sharp climb off-track to Peach Trees Trig, then on to Uloola Falls & explore a short section of Uloola Brook. Return on Uloola Track to Audley. 15 km
Wed 30 Oct	4-5	BUSHWALK - BLUE MOUNTAINS Pierces Pass, Walls Lookout to Oranga Gully Canyon exit – return by descending into an unnamed creek and then up an unnamed ridge. Some steep and rough sections, along with rock scrambling. Walk mostly off-track. Approx 6 km. Map: 1:25 000 MOUNT WILSON

Wed 30 Oct	GENERAL MEETING 7pm Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland. Speaker is club member Deirdre Bowie - Hiking in Iceland and Norway	
Thurs 31 Oct	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 31 Oct	3	MORNING WALK - LOFTUS TO ENGADINE Start near Loftus Station, then follow fire trails and bush tracks through RNP via Loftus Fire tower, Engadine Falls and Wetlands to Engadine Station. Option for coffee then train back to Loftus. 8 km.
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NOVEMBER 2024

DATE	Grade	ACTIVITY DETAILS
Wed 6 Nov	3/4	BUSHWALK - GEORGES RIVER NP, MILL CREEK, Part 2 A look at a lovely local park. Start at Menai, some fire trail walking, some off track. Have a look at the east side of Mill Creek to Mickeys Point on the Georges River. Car shuffle required. 10 km.
Wed 6 Nov	3	BUSHWALK - BLUE MOUNTAINS Leura Area – The Pinnacles, Mount Stead, Lockleys Pylon, Du Faur Head & return 8-9 km. Maps: 1:25 000 KATOOMBA & MT WILSON
Thurs 7 Nov	3	MORNING BUSHWALK - GEORGES RIVER NATIONAL PARK Starting from Picnic Point, take one of the many tracks around the restored Yeramba Lagoon, enjoying the water views and bird life. Then climb up the hill and back down to Fitzpatrick Park and walk back along the river through Lambeth Park. Finish at Blue Wren Cottage for coffee – bring your own lunch if you want to stay on. 6-7 kms.
Sat 9 Nov	3/4	BUSHWALK - BURGH TO STANWELL PARK VIA A TUNNEL Starting at Helensburgh Station, this walk follows the numerous tracks to Otford where we then pass through an old train tunnel (1.6 km) to Stanwell Park. Recognised tracks and well defined local tracks are used along the route. 15 km
Sun 10 Nov to Tue 19 Nov	4	BUSHWALKING TRIP - FLINDERS ISLAND, TASMANIA (Original Trip) Staying in cabin accommodation and hiring cars to explore the historic and beautiful terrain of Flinders Island. Walks will vary in grades from mountain hikes to coastal/beach walks. TRIP FULL
Tues 12 Nov	3	HARBOUR WALK - ORPHAN SCHOOL CREEK - VICTORIA CROSS Train to Redfern then walk through Sydney Uni, along Orphan School Creek to Jubilee Park, Pyrmont, the Rocks, Sydney Harbour Bridge and Lavender Bay on the harbourside. Picnic at Lavender Bay. Catch Victoria Cross Metro. Around 15 km.
Wed 13 Nov	3/4	BUSHWALK – OLYMPIC POOL AND LOWER KANGAROO CREEK Starting and finishing at Heathcote, this loop walk will follow the route along the lower end of Kangaroo Creek, from Olympic Pool to the head of navigation. This part of Kangaroo Creek has many little picturesque waterholes. Approx 12 km.

Wed 13 Nov	3	BUSHWALK – PART OF GREAT NORTH WALK Circular Quay to Lane Cove National Park via Woolwich, Hunters Hill, then follows the Lane Cove River to Fairyland & Fullers Bridge. Approx 13 km.
Thurs 14 Nov	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 14 Nov	3	MORNING WALK - ROYAL NATIONAL PARK Walumarra Track from Garie Trig to Bola Creek, then Forest Island Loop. We pass through heath, woodland & temperate rainforest vegetation. Involves a short car shuffle near the southern end of Lady Carrington Drive. Approx 8 km.
Fri 15 Nov to Mon 18 Nov	3	BUSHWALKING TRIP - BLUE MTNS NATIONAL PARK GRAND CLIFF TOP WALK over 2 days on Saturday 16th and Sunday 17th Nov, including a side trip to Pool of Siloam. This will be two very easy days of walking. GRAND CANYON WALK on Monday 18th Nov - a spectacular walk. Staying at Blackheath Glen Tourist Park, which offers a range of caravan, camping and cabin accommodation from Friday afternoon 15th Nov. Please book your own accommodation, I am happy to help coordinate shared accommodation and transport. I suggest booking early for cabins.
Wed 20 Nov	3/4	BUSHWALK - ROYAL NP - A to Z, VALLEY OF HACKING Red Cedar Flat, Red Cedar Circuit, Karingal Track, Lilyvale Track, Karingal, old Lilyvale site, upper Hacking River. 10 km.
Wed 20 Nov	4	BUSHWALK - BLUE MOUNTAINS Edenderry Falls & Hilary Falls – descending & returning from Evans Lookout via the Horse Track – Steep descent with rough and indistinct sections of track. Approx 12 km. Map: 1:25 000 KATOOMBA
Thurs 21 Nov	3	MORNING WALK - GARAWARRA STATE CONSERVATION AREA Hacking River via Burgh Track (Helensburgh). A loop through the Garawarra State Conservation Area. We'll follow the trail from Helensburgh down to near the Hacking River, before looping south returning via the Hacking River Trail & Burgh Tracks. The usual ups, downs and rocky bits of a bush trail. Approx. 7 km.
Sat 23 Nov	3	LEARNING TO LEAD A WALK - ROYAL NATIONAL PARK A number of members have mentioned that they would like to lead a walk, but don't know where to start. This walk offers you a chance to enjoy a walk in the Royal with experienced leaders, as they chat about leading walks, answering all of your questions, and offering tips! We will cover a number of topics including choosing a walk, safety and problem solving. Leading a walk is a very satisfying experience. Come along and take that first step. Includes a variety of terrain - Audley, Winifred Falls, South West Arm. Approx 10 km.
Wed 27 Nov	3	BUSHWALK - ZOO TO THE SPIT A very scenic harbour walk via Middle Head, full of bays, beaches and some history. A possible swim. 12 km.
Wed 27 Nov	4	BUSHWALK - LOWER BLUE MOUNTAINS Lapstone Station to Glenbrook Station via Glenbrook Gorge, Jellybean Pool, Blue Pool. Mostly off-track with some rock scrambling. Approx 14 km. Map: SPRINGWOOD & PENRITH
Wed 27 Nov		GENERAL MEETING 7pm Stapleton Avenue Community Centre - 3A Stapleton Ave, Sutherland. Speaker is Rob Brewster, Rewilding Program Manager from WWF. He will be talking about the RNP platypus program .

Thurs 28 Nov	3	MORNING WALK - WOLLI CREEK Bexley North to Wolli Creek along bush tracks following Wolli Creek (part of the Two Valley Trail). See flying fox colony. Train to start and finish of walk. Optional lunch at end of walk at Wolli Creek park/cafes. Approx 7 km.
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DECEMBER 2024

DATE	Grade	ACTIVITY DETAILS
Mon 2 Dec to Fri 6 Dec (incl)	3	CAR CAMP - BARRINGTON TOPS NATIONAL PARK Gloucester Tops Campground in the Barrington Tops NP - Camper vans, camper trailers, caravans and tents. Plan is to arrive Monday and depart Friday (ie 4 nights camping). Short walk Monday afternoon, day walks on Tuesday, Wednesday, Thursday, then home on Friday. Mostly grade 3 walks. Please contact Greg or Gill Spencer for booking information and other details.
Wed 4 Dec	4	BUSHWALK - ROYAL NP, A TO Z WATTAMOLLA This is a look at the general area around Wattamolla, some on-track, plenty of off-track. We will be seeking what the general visitor misses. Yes we will see the beach, the dam, the waterfall – but there is a much more to find around 'Watta-Mowlee'
Wed 4 Dec	4	BUSHWALK - BLUE MOUNTAINS Victoria Brook – descend a ridge to the Long Undercut on the Brook, then proceed down to a Waterfall and ascend through a break in the cliff line some 100 m further down the Brook. 80% off-track with steep descent/ascent and wet feet guaranteed. Approx 8 km. Map: 1:25 000 MOUNT WILSON
Thurs 5 Dec	3	MORNING WALK - ROYAL NATIONAL PARK - BUNDEENA - JIBBON COASTAL LOOP Hopefully there's a nice sea breeze along the coastline as we walk north via The Balconies, Cormorant Rock and Shelly Beach then around Jibbon Beach and back through bushland to the cars. Opportunity for a quick swim at Jibbon. NB: there are options to shorten this walk to spend more time swimming if the weather is hot. Approx: 7 km.
Sat 7 Dec from 7.30am	N/A	CHRISTMAS BBQ BREAKFAST - FREE Wattle Forest Picnic area. Turn right over Varney Bridge then follow the river upstream. From 7.30am. BBQ breakfast, coffee & tea provided. BYO plate, knife & fork, cup, chair etc. It's a great chance to catch up with old and new friends and talk about the year's events and make plans for 2025. For catering purposes please RSVP by 2nd December.
Wed 11 Dec	3	BUSHWALK – JUST FOR A SWIM Starting and finishing at Waterfall, this short walk explores the upper reaches of Kangaroo Creek from near its source down to arguably the best swimming hole in the park. We will follow the creek downstream to see more cascades and pools, with some parts of the track possibly slightly overgrown and narrow. Approx 10 km.

Wed 11 Dec	4	BUSHWALK - BLUE MOUNTAINS Dalpura Canyon & Ridge – Explore one of the Jinki Ridges, then follow the track to the exit point of the canyon. Proceed up the canyon to the waterfall & return (wet feet guaranteed). Continue down the creek to a point where we ascend to Dalpura Ridge - Approx 9 km. Map: 1:25 000 MOUNT WILSON
Thurs 12 Dec	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Thurs 12 Dec	2	MORNING WALK – LADY CARRINGTON STROLL Leisurely walk along Lady Carrington Drive from Audley to somewhere south of Jersey Springs & return. Optional coffee/lunch at Audley Café after walk. 6+ km.
Sat 14 Dec	2/3	BUSHWALK – HEATHCOTE NATIONAL PARK A short walk from Woronora Dam Road to Friar Bird Pool, where a non-optional swim is to be enjoyed! There will be plenty of time for swimming and a leisurely lunch, before the steep walk back to the car park. Approx 6 km return. Please note: This is a day activity, not a morning walk.
Mon 16 Dec	3	KAYAKING - MINNAMURRA RIVER Join us on this beautiful paddle on a high tide, enabling us to explore the stunning side creeks, through the magic mangroves. Lunch on a beach, with a walk through to the ocean, makes for a great day. PFDs compulsory. This is a peer activity.
Wed 18 Dec	3	BUSHWALK - MANLY AND NORTH HEAD A loop walk with great harbour views, beaches and some history. Possible swim. 13 km.
Wed 18 Dec	4	BUSHWALK - BLUE MOUNTAINS Crayfish Creek – Descend from Burra Korain Ridge into the creek and follow for approx 5 km before ascending out. Wet feet guaranteed with several short swims likely. Approx 12 km. Map: 1:25 000 MOUNT WILSON
Mon 23 Dec	3	KAYAK - LOCAL WATERWAYS Meet at various places in the Shire or nearby at 8.30 am & return by noon. Organiser will contact participants a few days before the event to confirm the starting point. PFD compulsory, no sit-ons please. This is a peer activity.
Tues 31 Dec	4	BUSHWALK - ROYAL NP, SOUTH WEST ARM CREEK, ABOVE FLAT ROCK. A short morning walk to see out 2024. Off-track along SWA, seeking swimming holes for a dip. A few named pools; Rangers, Wooroo & Crystal plus any others we can find. Only a few kilometres.
There is NO GENERAL MEETING in December		

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ADVANCE NOTICES		
DATE	Grade	ACTIVITY DETAILS
Sun 5 Jan 2025	4	BUSHWALK - ROYAL NATIONAL PARK Toonoom Falls car park to southern car park for Lady Carrington Drive. This is mainly an off-track walk with a small section of scrambling and sections that are slippery underfoot. The area is well sheltered which makes for a good summer walk.
Sun 2 Feb to Sun 9 Feb 2025 (incl)	2/3/4	BUSHWALKING - KOSCIUSZKO NP - CHARLOTTE PASS (Week 1) Our popular annual week of alpine walking activities based at Pygmy Possum Lodge. Walks each day of various grades. Room rates - Couple \$886, Twin share \$443 each, Single \$576. Rooms have en-suites and meals are self-catering. A very social week. Email organiser to reserve a room. TRIP FULL - WAITLIST ONLY
Sun 9 Feb to Sun 16 Feb 2025 (incl)	2/3/4	BUSHWALKING - KOSCIUSZKO NP - CHARLOTTE PASS (Week 2) A 2nd week of alpine walking activities based at Pygmy Possum Lodge has been confirmed. Walks each day of various grades. Room rates - Couple \$886, Twin share \$443 each, Single \$576. Rooms have en-suites and meals are self-catering. A very social week. Email organiser to reserve a room. TRIP FULL - WAITLIST ONLY
Mon 3 Mar to Sun 16 Mar 2025 (incl)	2/3/4	FAR SOUTH COAST NSW - EXPRESSIONS OF INTEREST for BUSHWALKING & CAMPING TRIP Camping in National Parks and Caravan Parks doing day walks and exploring the region. Walks in Mimosa Rocks, Bournda, South East Forest and Beowa (formerly Ben Boyd) National Parks.++ Let's find something new. Walks to include the 27 km Wharf to Wharf Hike, Tathra to Merimbula.
Mon 7 Apr to Fri 11 April 2025 (incl)	3/4	WARRUMBUNGLE NP CAR CAMP (4 nights) Camping at Camp Walaay group campground in Warrumbungle National Park. The site is suitable for tents, campers or caravans. The camp is unpowered, but toilets and hot showers are available nearby in Camp Blackman. Walks range from grade 3 to 4+ PLACES STILL AVAILABLE



Grand Canyon walk
Blue Mountains National Park
August 2024
(Photo: Alan Bunt)