

# SUTHERLAND BUSHWALKING CLUB



South West Arm RNP 6 April 2017

Photo courtesy of Jayne Gibson

## July – August - September 2017

**PO BOX 250 SUTHERLAND NSW 1499**

ABN 28 780 135 294

<http://www.sutherlandbushwalkers.org.au>

## **INTRODUCTION**

Sutherland Bushwalking Club provides opportunities for safe bush sports activities. Membership is open to all 18 years of age and over and currently stands at approx. 300 members. The club meets on the last Wednesday of each month at the Sutherland Council Stapleton Avenue Community Centre, cnr. Stapleton Ave & Belmont St, Sutherland at **7.00 pm**. For membership enquiries and/or further information, see the club's website, email us at [info@sutherlandbushwalkers.org.au](mailto:info@sutherlandbushwalkers.org.au), or write to us at our post office box.

## **BOOKINGS**

**It is imperative that bookings are made directly with the Activity Organiser.** At least 4 days' notice for one-day activities and 10 days for o/night activities should be given if you wish to participate. Frequently there is a limit on the number of people, so it is best to book early. Visitors are welcome on activities if the Activity Organiser agrees.

## **MEETING AND DEPARTURE TIMES**

The time and conditions for meeting and departing cannot be extended to wait for those who are late. If you find that you are not able to attend, please advise the Activity Organiser **immediately**. This may allow another person to attend when numbers are limited.

## **TRANSPORT**

Car pooling is recommended. Where transport is by car, travel costs are shared between passengers. The following formula is suggested for sharing transport costs: calculate contribution of each person by doubling the cost of fuel and dividing by the number of occupants, including the driver, and share equally any additional costs, eg entrance fees, road tolls etc.

## **GRADES**

**One day walks:** Start with a Grade 1 or grade 2 walk if you haven't been on a full day bushwalk before. Start with a Grade 3 or Grade 4 day walk if you have some experience.

**O/night walks:** These require more experience and fitness than day walks of an equivalent grade so try some day walks of a higher grade before attempting an o/night walk.

**All activities:** Grading is subjective and cannot take into account all possible factors so if you are uncertain about the grade, the experience and fitness required or the terrain, ask for advice. Club activities are generally graded on a scale of 1 to 6: **On an activity Graded 4 or above you could encounter off track sections and/or exposed areas at any time.**

**Some activities come with more risk than others. An Activity Organiser may exclude any participant who may have difficulty completing the planned activity.**

**Easy (1)** Opportunity for large number of walkers, including those with reduced walking ability to walk on well-marked and even tracks. Tracks are man-made and may have a few steps. Should not be steep. Suitable for beginners. Distance should not exceed 10 km.

**Easy/Medium (2)** Easy walk, mostly on tracks of low gradient. Opportunity to walk easily in natural environments on well-marked tracks. Tracks should not be steep. Distance should not exceed 15 km.

**Medium (3)** Some hilly sections &/or rougher terrain. Opportunity to walk on defined and distinct tracks, with some steep sections you will require a reasonable level of fitness. Distance should not exceed 20 km.

**Medium/Hard (4)** Steeper, rougher terrain & may have off-track sections (up to 50% or more, depending on terrain) or a longer distance track walk. Opportunity to explore and discover relatively undisturbed natural environments, mostly along defined and distinct tracks. Tracks can be steep. There may be short sections of rock scrambling involved. Activity Organisers should have map reading abilities and/or the ability to use a compass. Distance depends on circumstances. Not suitable for beginners.

**Hard (5-6)** Strenuous walking over difficult terrain, much of which can be unfamiliar. Only suitable for fit and experienced walkers possessing navigation skills. Many people who haven't walked off-track before find these walks extremely difficult.

The descriptions above refer only to bushwalking trips. Where these grades are applied to other activities (eg cycling), the descriptions no longer apply but a similar level of fitness and experience is required. More information is available on our web site.

## **SAFE BUSHWALKING, SEARCH AND RESCUE**

Participants should leave an outline of the proposed activity with a friend or authority and advise them when you expect to return. If possible, also advise where any vehicles will be parked. Leave the name and phone number of the Activity Organiser and a club committee member with your contact. Advise your contact of your return to avoid concern or unnecessary alert. In an emergency, contact triple 000 (fixed or mobile) or 112 (mobile phones). Wilderness Rescue should also be alerted as soon as possible on tel. 0427 455 897. Wait for delayed response from the phone transfer system.

## **TRIP REPORT**

All Activity Organisers must complete a Trip Report and a Risk Waiver form for the activity. These must be returned to the Vice-President ASAP. Copies can be obtained through a committee member or from the club's website

## **EQUIPMENT**

On camping activities provide your own camping equipment or arrange to share. Activity Organisers will advise on required equipment. Beginners are advised not to buy expensive equipment without advice. Club equipment, including camping gear, backpacks, safety equipment and some maps, is available for loan. At least 14 days' notice should be given if you wish to borrow any equipment. For further information on equipment, contact the Equipment Officer (contact details on page 11). The club has two personal locator beacons (PLB) for use on activities. PLBs are also available from some Police Stations, Visitor Information Centres and NPWS Offices.

## **GUIDELINES FOR PARTICIPANTS ON CLUB ACTIVITIES**

- |   |  |
|---|--|
| 1 | Ensure you are fit enough for the degree of difficulty of the trip. If in doubt, discuss it with the Activity Organiser prior to the trip. |
|---|--|

2	Carry sufficient water for conditions of the trip - generally a minimum of 1 or 2 litres, or more in hotter conditions.
3	Ensure you are suitably equipped including personal medication, first aid kit, sunscreen, hat, food (bring some spare food in case the trip is delayed due to unforeseen circumstances), rain gear, whistle, torch & appropriate clothing & footwear. A map & compass may also enhance your enjoyment of the trip. Some activities, such as cycling, require special equipment, eg bright clothing, helmet, pump, spare tube & tools.
4	Follow instructions. The Activity Organiser has your welfare at heart. Be courteous, co-operative and helpful to others in the group.
5	You should not leave the activity unless pre-arranged, but if it is necessary, you must advise the Activity Organiser and, if requested, sign off on the attendance list. The Activity Organiser may decide to send someone to accompany you.
6	Do not allow yourself to become separated from the group. If experiencing difficulty such as pace, blisters or shortage of water, advise the Activity Organiser immediately. Participants should maintain a line of sight with people in front & behind them. If nature calls, leave your pack on the track to indicate your intentions.
7	Ensure there is sufficient space between yourself and the person in front so that branches flicking back do not injure you.
8	Do not proceed past track junctions until advised to do so.
9	Do not fall behind the person appointed "tail" for any reason without advising the "tail".
10	Ensure the Activity Organiser is aware that you have made it to the end of the activity.
11	Ensure all vehicles start before leaving for home.
12	Thank the Activity Organiser & bring a sense of humour & adventure. The Activity Organisers are all volunteers, so please remember to be patient and kind.
13	All participants share responsibility (or are prepared to) for the orderly conduct and safety of any club activity in which they participate. This extends to helping others in an emergency. Peer activities are activities where no instructional or guiding structure exists and it is the responsibility of each participant to ensure the suitability of their equipment and themselves for the activity. All kayaking and canoeing activities are peer activities.

#### **NEW ACTIVITY ORGANISERS, NEW ACTIVITIES AND THE NEXT PROGRAM**

We are always in need of more Activity Organisers, new activities and new ideas. If you have any suggestions or would like to contribute to the program, contact the Activity Collector or the Program Secretary.

The program activities can also be viewed on the club website. For security purposes names and phone numbers are deleted on the public version.

#### **INSURANCE**

Financial club members are covered under blanket insurance policies taken out by Bushwalking Australia Inc. The policies cover activities undertaken in Australian and New Zealand if those activities are included in our activity program. Additional club activities will only be covered if details of the activity are given to a committee member by email, or in writing prior to the start of the activity. Members participating in activities run by other clubs that are members of a body included in the blanket insurance, will be covered. Activity Organisers should report all incidents involving injury in the Post Trip Incident Report section of the Trip Report. The Personal Accident insurance covers participants up to 95 years of age and provides benefits to injured persons. If an incident occurs, always notify the Activity Organiser.

**Lodging a claim:** The club member should contact our insurance broker Jardine Lloyd Thompson Sports Division (JLT). Phone 1300 574 980 or email [bushwalking@jlta.com.au](mailto:bushwalking@jlta.com.au)

If the injured member is unable to contact the insurance broker, the Activity Organiser should do so. Claims should be notified as soon as possible but within 30 days. Personal Injury claim form available for download off Bushwalking Australia website [www.bushwalkingaustralia.org/insurance](http://www.bushwalkingaustralia.org/insurance) -

Bushwalking Australia Inc PA Policy number 0012117.

#### **FOR INFORMATION ABOUT THIS PROGRAM EMAIL**

[info@sutherlandbushwalkers.org.au](mailto:info@sutherlandbushwalkers.org.au)

#### **July 2017**

<b>Sun 2 Jul to Mon 3 Jul</b>	<b>3/4</b>	<b>PALM BEACH TO MANLY</b> An overnight coastal walk enjoying the scenery as we are enjoying the winter sunshine. Staying somewhere halfway and enjoying a meal out on the Sunday night. Please contact Gina Holloway one month before to make accommodation bookings.	<b>ACTIVITY ORGANISERS' NAMES AND CONTACT DETAILS HAVE BEEN DELETED FROM THIS VERSION OF THE PROGRAM.</b>
<b>Tue 4 Jul</b>	<b>3</b>	<b>KAYAKING</b> Meet at Swallow Rock or Jannali Reserve at 8am back by noon. Please contact a few days prior to confirm starting point. PDF compulsory. No sit-ons please. This is a peer activity.	

<b>Wed 5 Jul</b>	<b>3/4</b>	<b>BUSHWALKING –GARIGAL NATIONAL PARK.</b> Seaforth Oval, Bantry Bay, Davidson Park, Middle Harbour Ck, Lindfield. Covering a section of the harbor to Hawkesbury Walk.	
<b>Sun 9 Jul</b>	<b>3</b>	<b>BUSHWALK-GORDON TO ROSEVILLE RAILWAY STATION</b> A scenic walk through remnant bushland, through the valleys along the Lane Cove River. 11 km.	
<b>Fri 9 Jul- 21 Jul</b>	<b>5</b>	<b>BUSHWALKING –KAKADU NATIONAL PARK</b> This 12 day full pack walk will start at Maguk, and then follow various creek systems to finish at Jim Jim Falls. Nearly all off-track. No food drops. Spectacular creeks, waterfalls, swimming holes etc. Expect to see Aboriginal art sites along the way. Drop off & pick up at the start & finish via a commercial operator. Fly in & out of Darwin. Limited numbers. Maps: 1:50,000 Goodparla, Koolpin, Jim Jim Falls.	
<b>Wed 12 Jul</b>	<b>3/4</b>	<b>BUSHWALK-NATTAI NP - MOUNT JELLORE</b> A prominent feature in Nattai NP, near Mittagong. An interesting walk to one of Australia's first trig stations, great views mixed with a bit of history. 10 km	
<b>Wed 12 Jul to Fri 14 Jul</b>	<b>3/4</b>	<b>BUSHWALK-LIGHT TO LIGHT</b> A multi day walk starting at the historical Boyd's Tower and finishing at Green Cape Lighthouse. Camping along the way. We may spot seals, seabirds and whales. Enjoying the beach walking and the windswept coastal views. 30 km. Contact Gina Holloway one month before the start of the trip to make booking for the camp spots and travel arrangements.	
<b>Sat 15 Jul</b>	<b>1</b>	<b>URBAN WALK- CENTENNIAL PARK</b> Wander around Centennial Park along the network of pathways through pine groves, rose gardens and artificial lakes as we learn about the History of the park. A perfect place for a picnic lunch.	
<b>Wed 19 Jul</b>	<b>3/4</b>	<b>BUSHWALK-HEATHCOTE NP – MT WESTMACOTT &amp; YENGA CAVE</b> Waterfall to Lake Toolooma & Mt Westmacott, then on to Yenga Cave & Kingfisher Pool. Return via Mooray Track. Leader will supply morning tea. About 1 Km off track. 10km	
<b>Sat 22 Jul</b>	<b>3</b>	<b>BUSHWALKING- BARREN GROUNDS ILLAWARRA ESCARPMENT</b> Walk the Griffith Fire Trail, an 8km loop walk in the Barren Grounds Nature Reserve located in the escarpment above Jamberoo. Some hills, nothing serious. Also check the Illawarra Lookout for panoramic views over the coast from Kiama up to Lake Illawarra. Start around 10am.	
<b>Wed 26 Jul</b>	<b>3</b>	<b>BUSHWALKING WATERFALL AREA.</b> By popular demand: Waterfall to Helensburgh via abandoned rail line visiting old culverts and three disused tunnels. Be prepared for wet muddy feet. 10km	
<b>Wed 26 July</b>	<b>GENERAL MEETING</b> Sutherland Community Centre, Stapleton Ave at 7.00 pm.		
<b>Thur 27 July</b>	<b>COMMITTEE MEETING TBA</b>		
<b>Sat 29 Jul</b>	<b>3</b>	<b>BUSHWALK - ROYAL NATIONAL PARK</b> A heathland and coastal walk. Park on Bundeena Drive and walk to the coast via Deer Pool on the Marley Track. Visit the Marley beaches and Marley Lagoon then walk south along the coast track and a fire trail loop back to the cars. 14Km.	
<b>Sun 30 Jul</b>	<b>3</b>	<b>URBAN WALK-CIRCULAR QUAY TO SOUTH HEAD</b> Come for an interesting walk around many bays and through the streets of the eastern suburbs. We may even stop at a gallery or museum. Also many coffee shops. 17 km	
<b>August 2017</b>			
<b>Wed 2 Aug</b>	<b>4</b>	<b>BUSHWALKING—BLUE MOUNTAINS NATIONAL PARK.</b> Perry Lookdown, Blue Gum Forest, Du Faur Head, Lockley Pylon, Mount Stead, The Pinnacles - 10kms - 600m steep descent followed by steep ascent. Maps: 1:25,000 Mt. Wilson, Katoomba	
<b>Thur 3 Aug</b>	<b>3</b>	<b>KAYAKING</b> Meet at Swallow Rock or Jannali Reserve at 8am back by noon. Please contact a few days prior to confirm starting point. PDF compulsory. No sit-ons please. This is a peer activity.	

<b>Sun 6 Aug</b>	<b>3</b>	<b>BUSHWALKING-KIAMA TO GERRINGONG</b> Enjoy a pleasant day of coastal views. Maybe see some whales along the way. Includes a short train trip from Gerringong to Kiama.17 km	
<b>Mon 7 Aug</b>		<b>ADOPT A TRACK PROJECT- ROYAL NP - ULOOLA TRACK</b> This will be the Club's fifth work day on the Uloola Track. We have already cleared about 2.5 kilometres. Why not be part of this fun project. There are always plenty of jobs to be done large & small - something for everyone. We will be using secateurs, light saws and grass shears to clear overgrowth from the track. Wear long pants & long sleeve shirts for protection, tools & gloves supplied. Come along, lend a hand, have a chat - job satisfaction guaranteed!	
<b>Wed 9 Aug</b>	<b>3</b>	<b>BUSHWALKING - ILLAWARRA - MT KEMBLA</b> Mt Kembla (Wollongong) two walks back to back - the Ring Track, with its mining history and the Summit Track, with great views up and down coast. Approx. 10km. Top off day with coffee at a hundred year old pub.	
<b>Sat 12 Aug</b>	<b>2/3</b>	<b>THE CITY AND THE BUSH</b> Circular Quay-harbour Bridge walk to Lavender Bay (m. tea) Sawmillers Reserve-Waverton Park-Balls Head-The Coal Loader (lunch)- Oyster Cove-Berry Island-Bridgeend Valley - North Sydney station. Historical sites, shipwreck & shipwright yards, rail cuttings and bush tracks. Estimated 10-15km	
<b>Sun 13 Aug</b>	<b>3</b>	<b>BUSHWALK-FOREST WALK ILLAWARRA</b> Park just after Boomerang Golf Course. Walk along the ridge. Views, ups and downs, lunch on rocks overlooking Stanwell Park and return and beautiful coastline. Come join me 9.30am start. 12 km.	
<b>Wed 16 Aug</b>	<b>3/4</b>	<b>BUSHWALK- ROYAL NP - OTFORD TO HELENSBURGH</b> Enjoy a day in the southern section of the park. Otford, Werrong, Coast Track, Garawarra Ridge Trail, Lilyvale Track, Karingal Track, Red Cedar Circuit, Hacking River, Burgh Track, Helensburgh. 3 short sections of off-track. 15km.	
<b>Fri 18 Aug</b> <b>Approx 2 ½- 3 weeks</b>	<b>5</b>	<b>HEYSEN TRAIL II</b> Intend using Quorn as a base. Walk Hawker to Quorn (115km) and then (65km) Quorn to Wilmington. Planning underway, but would like to start Friday, 18 August 2017 to allow usage of Pichi Richi railway to reach Quorn. Usage of public transport and or hire vehicles likely.	
<b>Sat 19 Aug</b>	<b>4</b>	<b>BUSHWALKING-ILLAWARRA ESCARPMENT</b> Stanwell Park Station, join the Wodi Wodi track for a steep climb towards the escarpment, then join the Forest walk track to sublime point and a steep climb down steep stairs back to Austinmer Station. Distance 16km+	
<b>Wed 23 Aug</b>	<b>4</b>	<b>BUSHWALKING –BLUE MOUNTAINS NATIONAL PARK.</b> Follow the 6-foot track from the Explorers Tree, down Nellies Glen to the intersection of Megalong and Diamond Creeks, and then ascend the Devils Hole. Rough track in places and rock scrambling near the top. Ascent/descent 450m approx. 10km.Map: 1:25,000 Katoomba	
<b>Fri 25 Aug</b>		<b>SOCIAL ACTIVITY- LUNCHEON</b> 12.00PM at Blackfish Cafe & Grill 2R-50R Cremona Road, Como (inside the park next to swimming pool). <b>Please book with me by Mon 21st Aug</b>	
<b>Sun 27 Aug</b>	<b>1</b>	<b>KINGS CROSS - THE ROYAL BOTANIC GARDENS URBAN WALK</b> Walk through Kings Cross, learning some of its history and seeing remnants of the past. Do Mary Gilmore, K.Slessor (who studied this poet for their HSC?), W. Dobell, Les Girls, Mitchell (library benefactor), and Hair ring any bells? All have links to this area. Then walk via Woolloomooloo to The Royal Botanic Gardens. If you haven't been here for years, then now's your chance as we will investigate as many garden areas as possible. About 8km.	
<b>Tue 29 Aug to Fri 1 Sep</b>	<b>2/3</b>	<b>CAR CAMP AND WALKS - YERRANDERIE</b> A six hour drive from Sydney via Oberon to a preserved historic silver mining town. Basic camping for tents and camper trailers. Walks will include the old ghost town, the old mine sites, Yerranderie Peak and the surrounding wilderness area. Contact organiser for details.	
<b>Wed 30 Aug</b>	<b>3</b>	<b>BUSHWALK – ROYAL NATIONAL PARK</b> Loftus oval - Honeymoon track - Audley – Robertson Knoll – Uloola track to Wattle Forest. Return via Audley and Bridle track to Loftus.	
<b>Wed 30 Aug</b>		<b>GENERAL MEETING</b> Sutherland Community Centre, Stapleton Ave at 7.00 pm.	

Thur 31 Aug	<b>COMMITTEE MEETING TBA</b>	
<b>September 2017</b>		
Sat 2 Sep	4	<b>BUSHWALKING –BLUE MOUNTAINS NATIONAL PARK.</b> Victoria Falls Lookout to Perrys Lookdown via the Blue Gum Forest. 600m descent and ascent. Car shuffle. Approx. 15km. Maps: 1:25,000 Mt Wilson
Sat 2 Sep to Sun 3 Sep	3	<b>BUSHWALKING- LAKE MACQUARIE</b> A weekend away to enjoy the Lake Macquarie area. Day walks and staying at a caravan park. Coastal walking Catherine Hill Bay/ Caves Beach. Other walks around Lake Macquarie. A very social getaway. Bookings need to be made for accommodation- sharing cabins?
Wed 6 Sep	4	<b>BUSHWALK-ROYAL NP - NATIONAL FALLS</b> The falls were a major tourist attraction 100 years ago. Let's have a look at what all the fuss was about. Varied walk via Fosters Flat, Gomea Ridge & Couranga Track. About 3 km off track. 10km.
Sat 9 Sep- Fri 15 Sep	3/4	<b>HEYSEN TRAIL- FLINDERS RANGES</b> All inclusive, fully accommodated trek designed to showcase the highlights of the Heyesen Trail – 6 nights cabin style accommodation, all breakfasts, lunches and dinners whilst on the trek. Day pack carrying only. Exploring areas such as Blinman Pools, Parachilna Gorge, Praire Hotel, Devils Peak, Yuluna Loop, Barachina Gorge St Mary Peak, Wilpena Pound – and the list goes on. Organised with Trek Tours Australia. After the trek we thought we would relax by visiting the wineries for a few days. For details see Trek Tours Australia website – the Kennedy group. 7 days/ 86 km.
Sun 10 Sep	1/2	<b>TOUR- GHOSTLY ENCOUNTERS-</b> An evening walk through the Manly Quarantine station as a guided ghost tour. Carry a lantern and explore the hospital, morgue and shower block. Hear the chilling stories of the past. Tour is 2.5 hours long. 8.00 pm - 10.30 pm. <b>Bookings are a must one month before.</b>
Wed 13 Sep	3	<b>BUSHWALKING -ILLAWARRA - MORTON NATIONAL PARK</b> A "Trio of Waterfalls" starting with the 82 metre high Fitzroy Falls and it's escarpment walk, then two shorter walks at both Belmore and Carrington Falls. Waratahs in bloom could be added bonus. Approx. 10 -12km.
Sat 16 Sep	4	<b>BUSHWALKING- Blue Mountains National Park.</b> Walk from Wentworth Falls (Conservation Hut) to Leura along Lindeman Pass. The pass traverses the base of the cliffs, through rainforest, past waterfalls, an old coal mine (short side trip involved) and historic cave. Good views across the valley. The track is a little rough and wet in places, so a reasonable level of fitness is required. It will be a full day. Lots of steel ladders and steps to get back up to Leura via the cascades. Approx. 11 km. A car shuffle will be required. Limited numbers. Maps: 1:25,000 Katoomba
Sat 16 Sep	3	<b>BUSHWALK- BARREN GROUNDS NATURE RESERVE</b> The track which circles the reserve takes us to great views both north and south. The boronia is spectacular in spring. Approx. 20km all gently undulating. Map Kangaroo Valley 1:25 000
Wed 20 Sep	2/3	<b>BUSHWALK- KU-RING-CHASE NAT PARK</b> West Head via Palm Beach wharf to Great Mackerel Beach. Lovely loop walk and glorious views from West Head. 12ks. Early start.
Fri 22 Sep to Sat 23 Sep	3/4	<b>PACK WALK-DUBBO GULLY AND TEN MILE HOLLOW CIRCUIT VIA CLARE'S BRIDGE</b> Overnight pack walk.25 km Dharug NP. A two-day walk follows several historic roads that are closed to traffic. We will see an old cemetery, beautiful bush and the second oldest bridge on mainland Australia. Campsite has a fire circle, water tank and a hybrid toilet.
Tue 26 Sep	3	<b>KAYAKING</b> Meet at Swallow Rock or Jannali Reserve at 8am back by noon. Please contact a few days prior to confirm starting point. PDF compulsory. No sit-ons please. This is a peer activity.
Wed 27 Sep	4	<b>BUSHWALKING- ROYAL NAT PARK</b> Loftus, Forest Brook, Engadine Creek, Horseshoe Falls, Robertson Knoll, Audley, Bridle Track back to Loftus A bit of a scramble in places.12km
Wed 27 Sep	<b>GENERAL MEETING</b> Sutherland Community Centre, Stapleton Ave at 7.00 pm.	

<b>Thur 28 Sep</b>	<b>COMMITTEE MEETING TBA</b>	
<b>Sat 30 Sep</b>	<b>3/4</b>	<b>BUSHWALK -MIDDLE HARBOUR CREEK LOOP</b> We will explore the upper reaches of Middle Harbour Creek starting at Davidson park in Garigal National Park. A creek crossing involved so may/will get wet feet depending on tide. Not an easy 15.1km circuit with some ups and downs with a rough track.
<b>Advance Notices</b>		
<b>Sun 8 Oct-to Mon 9 Oct 2017</b>	<b>4</b>	<b>BUSHWALKING --SIX FOOT TRACK</b> Undertaken as two single day pack walks. From Jenolan Caves Cottages to the Explorers Tree at Katoomba. Staying at the Eco Lodge on the Coxs River. Maps: 1:25,000 Jenolan, Hampton, Katoomba.
<b>Sat 21 &amp; Sun 22 Oct</b>	<b>3</b>	<b>OVERNIGHT FULL PACK WALK – THE BASIN</b> Overnight full pack walk along the Bairne Track to The Basin in the Ku-ring-gai National Park near Pittwater. Unpowered site \$16.50 per person. Showers, toilets and drinking water available. 10.8 km circuit 230m ascent and descent plus additional short local walks. Contact me as soon as possible to book a site as it is popular.
<b>Sat 9 Dec</b>		<b>ANNUAL XMAS BREAKFAST BBQ - WATTLE FLAT from 7.30am</b> After Last years great success we plan to do it again!! Come along to this year's Christmas gathering with the Club providing the BBQ breakfast. Wattle Flat at Audley over Varney Bridge follow road along river to last carpark. Just come along - bring plate, cutlery, chair and any other Christmas treats. Members welcome but to know numbers for catering please RSVP by 1st December.
<b>Mid Jan 2018</b>	<b>4</b>	<b>PATAGONIA/ CHILE—EXPRESSION OF INTEREST</b> A planned trip to Chile/ Patagonia- mid January 2018 for approximately 25 days. Fly into Santiago-Chile- 2 nights to look around. Fly to Temuco and spend 9 days in the lakes and volcano district of Chile. This is with a company specialising in treks through the National Parks walking 6 hours each day and staying in 3 star accommodation. Then we travel by ourselves using local buses to the Island of Chiloe, where we will spend 4 nights in hostels. Seeing the world heritage churches, penguins, markets, National Parks, kayaking trip and a home stay. Then we fly down to Patagonia to the Torres Del Paine NP where we will have a 6 night guided trek and we will have porters carry all the heavy stuff. We will carry sleeping bags, mat and clothes. People who are interested need to be of good fitness and there is a maximum of 8 people.
<b>Sun 21 Jan- Sun 28 Jan 2018</b>	<b>2/3/ 4</b>	<b>KOSCIUSZKO NP - ALPINE WALKS - PYGMY POSSUM LODGE, CHARLOTTE'S PASS</b> Week of alpine walking activities based at Pygmy Possum Lodge. Day walks & possibly an overnight walk for those interested. Room rates - Couple \$452, Twin share \$226 each, Single \$294. Rooms have en-suites and meals are self-catering. Phone/email organisers to reserve a room. Payment in September
<b>Mon 16 to Oct - 24 Oct</b>	<b>2/3/ 4</b>	<b>ARMIDALE- BUSHWALKING</b> Staying at Armidale Tourist Park for 8 days walking in New England High Country. Beautiful Gorges, Waterfalls, including an option to visit Historic Homestead and Heritage Tour of Armidale. Most walks Grade 3, some 2 and 4

**For information on any of the activities in this program EMAIL**

[info@sutherlandbushwalkers.org.au](mailto:info@sutherlandbushwalkers.org.au)

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